



# Holy Trinity's Sports Values

## Teamwork

- ✓ Working as part of a team, sharing opportunities
- ✓ Enjoyment – have fun!
- ✓ Letting everyone get involved
- ✓ Sharing the equipment and demonstrating to others how best to use it
- ✓ Showing good team spirit- encouraging team mates and saying well done both sides

## Self-Belief

- ✓ Showing resilience
- ✓ Having personal targets, as well as team targets
- ✓ Aiming to beat personal bests
- ✓ Welcoming new challenges
- ✓ Being confident
- ✓ Being open to new sports or activities

## Honesty

- ✓ Always telling the truth
- ✓ No cheating
- ✓ Playing by the rules
- ✓ Admitting when I am wrong or make a mistake

## Passion

- ✓ Being positive and enjoying the game / activity
- ✓ Always trying my best
- ✓ Perseverance – Don't give up!
- ✓ Finding new ways to improve

## Respect

- ✓ Having good manners at all times
- ✓ Self-control (no shouting or becoming angry)
- ✓ Shaking hands with other players and thanking them for the game
- ✓ Showing the coach/teacher/organisers respect by listening and following instructions

## Determination

- ✓ Never giving up on myself or my team
- ✓ Being ambitious
- ✓ Always trying my best and being proud of my achievements
- ✓ Keep going, even when something has gone wrong.
- ✓ Resilience
- ✓ Supporting and encouraging team mates