Durham Diocesan MAT

Holy Trinity C of E Primary School

PSHE Policy



MISSION STATEMENT

'To provide an excellent education in a Christian Environment'

Intent

At Holy Trinity, the physical and emotional well-being of our children is a priority. A great deal of importance is placed on PSHE and as a Church of England school it is embedded in our ethos as defined in the Mission Statement and Aims of the school. We aim to develop children's skills and talents to develop positive character traits and personal attributes to make sound decisions when facing challenges and complex contexts. We support pupils to become independent, reflective lifelong learners and responsible adults who are happy and can be successful in adult life. We nurture and educate our pupils in order to help them to develop the knowledge, understanding and skills needed to live happy, healthy and successful lives. We promote our pupils' spiritual, moral, social and cultural development. Our Christian values encourage the principles of love, family, community, commitment, self-reliance, self-disciple, responsibility, trust and respect. We provide positive partnerships with the church, family, governors and relationships within the wider community.

Aims

The aims of PSHE at Holy Trinity C of E Primary School are to enable the children to:

- To know and understand what constitutes a healthy lifestyle
- To be aware of safety issues including online-safety
- To understand what makes for good relationships with others
- To have respect for others regardless of race, gender and mental and physical disability
- To be independent and responsible members of the school community
- To be positive and active members of a democratic society
- To have an understanding of British Values
- To develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- To develop good relationships with other members of the school and the winder community
- To ensure that drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle are fulfilled.

Achieving the Vision

Teaching and Learning

The school's PSHE curriculum is delivered through a variety of teaching strategies. These include using a cross-curricular whole school approach where applicable, as well as teaching PSHE by using 'Jigsaw'. 'Jigsaw' is a structured scheme of learning which has mindfulness underpinning it. It runs from F1 to Y6. PSHE is taught through:

- Cross-curricular links
- Collective worships and RE lessons
- Scheme 'Jigsaw'
- Mindmoose
- Thrive
- Philosophy for Children (where applicable)
- Planned activities and school events

The school council plays an essential role in the school's approach to PSHE and provides opportunities for pupils to link with the school, local, regional, national and rest of the world. The school has strong

links to the local community, Holy Trinity Church and parents. The school uses these to provide opportunities for pupils to become responsible citizens, and establish strong British and Christian values. The school has well-established systems of support for pupils with specific needs such as mentoring, drawing and talking therapies, sand therapy and nurture groups. In addition, all pupils from Y1-Y6 are set targets each half term around 'Learning Skills' whilst EYFS have discussions around what makes a good learner.

This policy has clear links with other school policies aimed at promoting pupil's spiritual, moral, social and cultural development including our RE Policy, Behaviour Policy, Equal Opportunities Policy and Race Equality Policy.

Role of the subject leader

To ensure that all members of the school community understand the vision of PSHE at Holy Trinity and to lead, challenge and support all in achieving the vision by:

- Ensuring curriculum policies, guidelines and resources are well organised, reviewed, updated and easily accessible;
- Maintaining clarity of expectations in relation to planning, assessment, teaching and learning;
- Developing standards in teaching and learning;
- Identifying and addressing strengths and areas for development;
- Informing, supporting and providing development opportunities.

Special Needs

PSHE is taught to all pupils, regardless of their ability. Learning opportunities are matched to the individual needs of children with learning difficulties. Activities and debates challenge our most able pupils to formulate personal views based on evidence they research and discuss.

Staff Development

Courses and Inset are arranged as required. All TAs are trained mentors and have been trained in Thrive.

Academy Councillor

Christine Patton-Wood is the academy councillor linked to PSHE who plays a key role in monitoring and evaluating PSHE across the school through discussions with the subject leader.

September 2020