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| **Intent** |
| At Holy Trinity, we believe that Physical Education, experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional well-being. We recognise the importance of PE and the role it has to play in **promoting long term, healthy lifestyles**. The intent of our PE curriculum is to provide all children with **high quality** PE and sport provision. It is our vision for every pupil to succeed and **achieve their potential** as well as to lead **physically active lifestyles**. We strive to **inspire** our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide **opportunities** for pupils to develop **values** and **transferrable life skills** such as fairness and respect as well as providing them with opportunities to take part in **competitive** sport. |
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| **Implementation** |
| * Provide challenging and enjoyable learning through a range of sporting activities including: invasion games, strike and field games, net and wall games, gymnastics, dance and swimming. * Long term planning provides progressive PE units covering a breadth of transferable skills. These are taught from Early Years – Year 6, ensuring requirements of the National Curriculum are fully met and exceeded. * All children participate in up to two hours of Physical Education each week and are encouraged to participate in a varied range of extra-curricular activities. Lunch time sports are available and after school sports clubs three evenings a week. * Children are given the opportunity to attend competitive and non-competitive sporting events, meaning participation is high. * Children take part in an additional 30 minutes of exercise each day through Holy Trinity’s Active 30:30 programme. All staff have received training to engineer opportunities for Active Maths and Literacy. * Each year a small group of children are invited to become Sports Leaders. They are developed to become sporting role models for our younger children, assisting with break time activities, lunch time clubs, intra competitions, Sports Day and any other sporting activities. * We have a KS2 Change 4 Life club that meet frequently across the School Year. Staff leading the club and two ‘champions’ receive training prior to hosting the club. Celebration events are organised across the School year to celebrate success and share activities. * Children are given the opportunity to visit local Grassroots Sports Clubs to participate in sporting activities in the community setting; ensuring strong club links in the community. * The ability to swim is a vital life skill and we ensure that ALL children leave Year 6 meeting national standards. We achieve this through regular curriculum sessions and top up sessions where necessary for children still unable to swim competently, confidently and proficiently. Parents are informed of their child’s progress and encouraged to take their child to extra sessions should they require further support. * Physical activity is used as a tool to ensure high quality Physical Education for all. * Teachers work alongside external coaches to ensure continuous CPD and quality first teaching and assessment. |
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| **Impact** |
| At Holy Trinity children are inspired to lead a healthier and more active lifestyle, which positively impacts their learning in the classroom.Children proudly welcome the opportunity to represent our School in both competitive and non-competitive events, ensuring PE is inclusive to all. Children are encouraged to reach their full potential in sport and staff ensure that strength and talents are identified. Our children are offered the opportunity to develop as sports people and as sports leaders. Having a variety of after school clubs ensures we keep children active for longer and extend experiences. We have established strong links to local and national clubs which will continue to expand. We offer a PE curriculum which is progressive, engaging and fun, allowing children to develop fundamental skills and apply them to a broad range of sporting activities and experiences. We usetargeted planning and assessment to ensure children are physically literate and confident in sporting environments. Children understand the relevance of the School Games values and celebrate these within curriculum sessions.We appreciate the importance of competitiveness and help our children learn to win and lose with grace. |