




# Primary School Meals in Hartlepool Autumn/Winter 2021-2022



Hartlepool Borough Council (Catering Services) are a well-established service that has provided school lunches across the town for many years. We currently work with around 30 schools in the primary and secondary sector and serve approximately one million meals each year. As the local authority provider, we have a genuine interest in the overall success of Hartlepool's schools and the wellbeing of the town's children.

Our aim is to always ensure that our catering service provides food that the pupils will enjoy, that our meals offer value for money to parents and we meet all of the expectations of our schools.

Within this pack you will find a copy of our 3 week menu with the dates each meal will be served. Our menus usually change twice a year and you can also find these details on the Hartlepool Borough Council Website. All meals are freshly prepared in school each morning and meet the rigorous School Food guidelines set out by the Government

The cost of a School Meal from 3rd September 2021 will be £10.65 per week (£2.13 each day).

**If your child doesn't already stay for a school meal, September would be the ideal time to encourage them to try it, they might be surprised by the quality and variety of the food items we will have on offer.**

School Catering Service, Hartlepool Borough Council  
Civic Centre, Hartlepool, TS24 8AY  
Tel: 01429 523850  
[www.hartlepool.gov.uk/schoolmeals](http://www.hartlepool.gov.uk/schoolmeals)





# Free School Meals



We would like every child who is entitled to a free school meal to take up this opportunity.

All school pupils in Reception, Year 1 and Year 2 are currently entitled to Universal Infant Free School Meals (UIFSM) to ensure they receive a hot, healthy meal at lunchtime. This could save you more than **£400 per year** for your child – so why miss out?

Parents claiming certain benefits can also apply for free school meals for any of their children who are registered at a Hartlepool school and who would normally be at school at lunch time.

Please telephone **01429 284188** or visit the Hartlepool Borough Council website at [www.hartlepool.gov.uk/freeschoolmeals](http://www.hartlepool.gov.uk/freeschoolmeals) to check eligibility for free school meals and to apply.

## Meat Free Monday

You will see from our menus that in Week 1 we have a 'Meat Free' Monday. This means we will not serve meat at all on the day, either in sandwiches and salads or jacket potato fillings. Having at least one day in our menu which is identified as 'Meat Free' is a fun way to do something good for our planet and your child's future. It also encourages pupils to discuss climate change with their peers and consider the need for us all to improve our carbon footprint.

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# Allergen Information



***"It's ok to ask"***

*We encourage all pupils to ask a member of the Catering team if they are unsure about the allergen information for food items on the menu. The Cook and the catering staff will be able to give them the correct information and help them make informed choices.*

We always take food allergies extremely seriously. As part of our Food Safety Management System and in line with the Allergen Food Information Regulations and Food Labelling laws we display all school meals allergen information as a colour coded poster at the main serving counter in the school dining rooms.

The information is updated twice yearly alongside our menu changes or on notification of a recipe change to ingredients from our suppliers or food manufacturers.

Please contact us if you have questions around allergens in school meals.

## **Special Diet**

The catering service can meet any special dietary requirements it is notified of. Please contact your school directly in the first instance to discuss.

We will then work closely with each pupil and their family to create an individual menu that is suitable and which meets your child's individual needs.

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# Food for Life



Hartlepool Borough Council (Catering Services) is proud to inform you that for the 7<sup>th</sup> consecutive year we have been awarded the Soil Association's 'Food for Life' Bronze catering mark for primary schools.

This certifies that over 85% of our menu is freshly prepared daily, on site, from unprocessed ingredients. This goes far beyond the 75% requirements that we needed to achieve for this award.

The Bronze catering mark is an independent annual verification mark recognised by Ofsted which demonstrates our commitment to ensuring your child's lunch meets the statutory School Food Standards. As a parent you can therefore expect your child to be receiving fresh, nutritious, locally sourced and high quality food each day.



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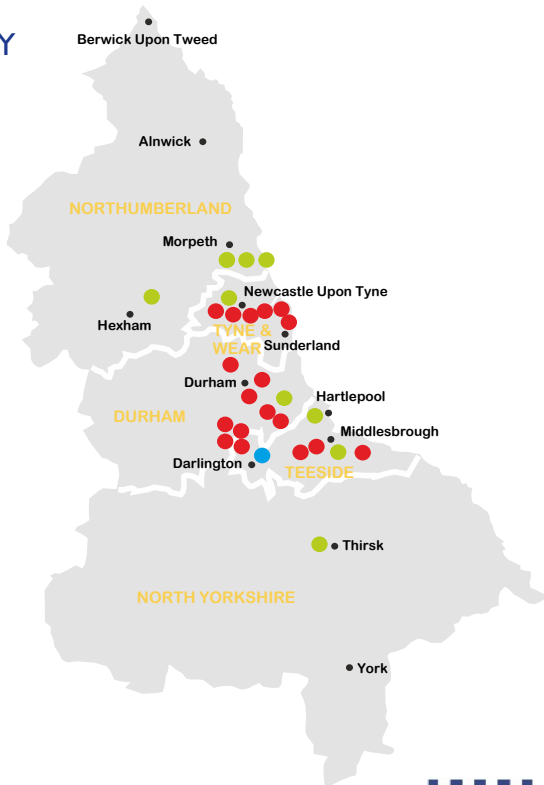
# Our Food Map

*Heathy Food  
Happy Pupils*

As you can see from Our Food Map below, we are committed to supporting local North East British suppliers. From milk being delivered from cows north of the town in Wingate to root vegetables from Hutton Henry and beef from herds in our surrounding countryside, we are pleased to buy local.

**WE ONLY PURCHASE QUALITY  
PRODUCE FROM  
REGIONAL SUPPLIERS**

- Meat: Red Tractor Assured
- Fruit and Vegetables, Free Range Eggs
- Marine Conservation Sustainable Fish



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**School**  
Catering Services  
Healthy Food - Happy Pupils





# Primary School meals



As the main school provider we recognise that we have an important role to play in the future health and well-being of the youngsters of Hartlepool.

To help our children to make healthier lunch time choices we have designed a 'colour coding' system which is clearly displayed on the school menus.

Children can easily recognise that if they choose a portion from each colour they will be enjoying a well balanced choice each day.

Please encourage your child to follow our 'Colour Code'



**Protein:** chicken, meat, eggs or non-meat options such as; Quorn, cheese or pulses such as kidney beans etc. There are at least 3 choices everyday to choose from.



**Starchy Carbohydrates:** bread, pasta, rice, potatoes etc. There will be 2-3 choices everyday to choose from.



**Vegetables:** carrots, broccoli, swede, cauliflower etc. There will be 2-3 choices everyday to choose from.



**Desserts:** children will have a choice of hot or cold puddings ranging from fruit sponges, yoghurts, flapjacks/tray bakes or fresh fruit/fresh fruit salad. There will be a selection everyday to choose from.

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**School**  
Catering Services  
Healthy Food - Happy Pupils



# Week 1



**Week Beginning: 6/9/21, 27/9/21, 10/10/21, 15/11/21, 6/12/21, 3/1/22, 24/1/22, 14/2/22, 14/3/22, 4/4/22**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Margherita Pizza</b> <b>Bean and Vegetable Tagine (v)</b>	<b>Chicken &amp; Veg Pie</b> <b>Veggie Risotto (v)</b>	<b>Roast Beef &amp; Yorkshire Pudding</b> <b>Cheese Pasty (v)</b>	<b>Meatballs in tomato sauce</b> <b>Quorn Cottage Pie (v)</b>	<b>Oven Baked Fish</b> <b>Quorn pasta bake (v)</b>
	<b>Baby Roast Potatoes/ Couscous</b> <b>Garlic bread</b>	<b>Creamed Potato/Rice</b> <b>Naan Bread</b>	<b>Steamed Potato/ Couscous</b> <b>50/50 Bread</b>	<b>Minted Potato/Spaghetti</b> <b>Herb Bread</b>	<b>Chips/Pasta</b> <b>Cheese Bread</b>
	<b>Baked Beans</b> <b>Coleslaw</b>	<b>Broccoli (s)</b> <b>Mixed Veg</b>	<b>Carrot Batons(s)</b> <b>Green Beans</b>	<b>Diced Swede (s)</b> <b>Cabbage (s)</b>	<b>Cauliflower Cheese (s)</b> <b>Garden Peas (s)</b>
	<b>Chocolate Orange Cake with Chocolate Sauce</b>	<b>Rice Pudding with Raspberry Coulis</b>	<b>Cold Desserts</b>	<b>Bakewell Tart with Vanilla Sauce</b>	<b>Fruity Friday</b>

(v) = vegetarian (s) = seasonal foods

Brexit - Menu may be subject to change at short notice

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# Week 2



**Week Beginning: 13/9/21, 4/10/21, 1/11/21, 22/11/21,  
13/12/21, 10/1/22, 31/1/22, 28/2/22, 21/3/22**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Toad in the Hole</b>  Quiche (v)	<b>Chicken Pasta Bake</b>  Quorn Curry (v)	<b>Roast Turkey</b>  Calzone Pizza (v)	<b>Mince and Dumplings</b>  Tomato Pasta (v)	<b>Oven Baked Fish Fingers</b>  Veg Jambolia (v)
	<b>Creamed Potato/ Couscous</b>  Cheese Bread	<b>New potato/Pasta</b>  Garlic Bread	<b>Roasties/Rice</b>  50/50 Bread	<b>Creamed Potato/Roasted Sweet Potato</b>  Tomato Bread	<b>Chips/Rice</b>  Herb Bread
	<b>Baked Beans</b>  Cauliflower Cheese (s)	<b>Broccoli (s)</b>  Sweet Corn	<b>Carrot Batons (s)</b>  Steamed Cabbage (s)	<b>Diced Swede (s)</b>  Mixed Veg	<b>Diced Carrots (s)</b>  Garden Peas (s)
	<b>Apple Crumble with Custard</b>	<b>Marlborough Tart with Vanilla Sauce</b>	<b>Cold Desserts</b>	<b>Date and Ginger Sponge with Vanilla Sauce</b>	<b>Fruity Friday</b>

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# Week 3



**Week Beginning: 20/9/21, 11/10/21, 8/11/21, 29/11/21  
17/1/22, 7/2/22, 7/3/22, 28/3/22**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Fillet in a bread roll  Vegetable Stir Fry (v)	Spaghetti Bolognaise  Cheese Pie (v)	Roast Gammon  Stromobli (v)	Chicken Curry with Rice  Tuna Pasta (v)	Oven Baked Salmon  Quorn Lasagne (v)
	Potato Wedges/ Couscous  Herb Bread	Pasta/Creamed Potato  Tomato Bread	Roasties/Rice Salad  50/50 Bread	Rice/Minted Potato  Naan Bread	Chips/Couscous  Garlic Bread
	Salad  Coleslaw	Green Beans  Baked Beans	Carrot Batons (s)  Broccoli (s)	Sweet Corn (s)  Green Salad	Diced Carrots (s)  Garden Peas (s)
	Pineapple upside down cake with Vanilla Sauce	Cornflake Tart with Custard Sauce	Cold Desserts	Apple and cinnamon Roly Poly with Custard	Fruity Friday

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