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| **Physical Education Medium Term Plan- Spring 2**  This term students will learn and understand the rules of Manipulation & Coordination, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. | |
| **Year Group:** EYFS **Topic-**  **Manipulation & Coordination** | |
| **National Curricular Focus** | |
| * Develop basic movements such as jumping, changing directions, moving at speed and balance. * Accurately replicate basic movements and enjoy participating in a broad range of activities * Relate body movements to music and percussion beats | |
| **Lesson Objectives for weeks1-6** | |
| * I can copy, repeat and practise a variety of balloon handling activities * Pupils are able to co-ordinate limbs to carry out defined movements and actions * I can translate balloon control skills to managing a ball with hands * I can roll a ball with accuracy * Reproduce movements with a ball bilaterally with feet. * Pupils to respond to cues to change between hopping, jumping and stepping. * Co-ordinate feet to practice hop, step and jump sequences. * I can watch, copy and repeat ways of sending, receiving and carrying. * To listen, respond and co-ordinate hands and feet to touch a target. * I can send and stop objects using hands and feet. | |
| **Assessment covered in term** | |
| **Assessment statements from Progress in PE**  **EYFS 1. Running and Jumping (Athletics, Races and Team Games)**  3-I am jump and land on 2 feet. 4- I can run and jump. 5- I can climb on and off equipment safely. (Benches/steps) 6- I can walk along a bench, holding my hands out for balance.  **Year 6 Throwing and Catching (Team Games, Netball, Rugby, Basketball)**  2-I can pass a ball to a friend/partner. | |
| **Vocabulary** | |
| Agility  Alternate  Balance  Beat  Carry  Crawl  Feet  Freeze  Grip | High  Low  Balloon  Control  Hop  Jump  Hold  Switch  Powerfully |