

## Holy Trinity C of E Primary School School Improvement 2021-22

<b>Subject</b>	<b>PSHE and RSHE</b>			
<b>Staff</b>	<b>Debbie Wheeldon</b>			
<b>Strategic Subject Intent</b>	<b>Intended Impact</b>			
At Holy Trinity, the physical and emotional well-being of our children is a priority. A great deal of importance is placed on PSHE and as a Church of England school it is embedded in our ethos as defined in the Mission Statement and Aims of the school. <i>We aim to develop children's skills and talents to develop positive character traits and personal attributes to make sound decisions when facing challenges and complex contexts. We support pupils to become independent, reflective lifelong learners and responsible adults who are happy and can be successful in adult life.</i> We nurture and educate our pupils in order to help them to develop the knowledge, understanding and skills needed to live happy, healthy and successful lives. We promote our pupils' spiritual, moral, social and cultural development. <i>Our Christian values encourage the principles of love, family, community, commitment, self-reliance, self-discipline, responsibility, trust and respect. We provide positive partnerships with the church, family, governors and relationships within the wider community.</i>	<ul style="list-style-type: none"> <li>• RSHE and PSHE(jigsaw) is covered within each year</li> <li>• Children have a deeper understanding of specific Personal, Social and Health issues and how their lives can be affected.</li> <li>• Pupil's emotional, social and mental health issues are supported effectively in school.</li> <li>• Children are more resilient and believe in themselves and can persevere with tasks despite setbacks.</li> <li>• Children understand the importance of self-respect and self-worth.</li> <li>• Children can talk about their feelings / emotions and how they can make improvements and how to get help</li> <li>• Children can identify ways to keep safe and understand they have rights over their own bodies.</li> <li>• Girls and boys are prepared for physical and emotional changes before they leave primary school</li> </ul>			
<b>Subject Implementation</b>	<b>RAG</b>			
	<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>	
To ensure parents are aware of new statutory requirements RSE and Health Education Policy and curriculum to provide knowledge and skills in schools and beyond.				This was sent to all parents again in September. The POS were also put on the website and the vocabulary for each year group.
To embed Jigsaw and RSHE and ensure new areas of the curriculum are covered within the year groups.				Reviewed curriculum with staff. Jigsaw is our main program of study. Monitoring shows the jigsaw program is being covered and includes RSHE. Gaps in the curriculum have been identify and
Staff have a deeper understanding of Thrive and TAs to run specific interventions and mentoring.				Early Years Thrive leader completed a course. Contacted Jo Warner about further Thrive training for new staff. Staff have worked on Thrive assessment and action plans. PSHE / RSHE coordinator is attending Thrive practitioner course to train staff.
To ensure staff are using reading materials to support new RSE and Health Education curriculum. -RSHE				CPD covered Health Education and RSE materials. CPD provided for Year 6 teacher after discussion around training needs.
To ensure children are given opportunities to work on mental health strategies and training in Yr 3 and 4 is implemented.				Mental health strategies have been discussed. Trailblazer has supported Year 3 with We Eat Elephants. Due to take part in mental health week.
To develop assessment procedures to ensure PSHE knowledge and how these are applied through social, emotional and physical skills.				Attending RSHE training from the DNDLT and looked at assessment in changing body. Also discuss assessment in drugs and how we can adapt these for other areas of RSHE next year. Co-ordinator is due to attend Anna Freud Mental Health course.

To embed Trailblazer to support children to develop emotionally and improve self-regulation and resilience.				Families and children are being supported. Trailblazer working with families and within class. Pupil voice giving positive feedback about Trailblazer and how they like to work individually, as a group and whole class sessions.
To embed PSHE class book with examples of work and other resources being used in class and around school eg Personal PSHE work, Jigsaw, Thrive, SEAL, The Great Dream, PSHE association.				Year 1 to Year 6 have PSHE book. Many classes using school frames for PSHE.
To provide CPD for one more member of staff to complete assessments through THRIVE.				Contacted Jo Warner to discuss Thrive training. Co-ordinator attending these sessions due to complete Autumn Term 2022.
For Trailblazer to provide further CPD for staff to ensure they provide good mental health strategies.				Trailblazer support specific cohorts with strategies relevant to them. Information sent to staff about children's mental health. DNDLT provide CPD for adult first aid mental health.
To develop more mindfulness strategies for staff to use with all children in PSHE lessons.				Enquired about CPD from EP. Information sent to staff about mindfulness. Asked EP about training for mindfulness.
To embed Emotional Wellbeing Champion and team and pupil voice on Wellbeing.				Attending meetings. Also part of the DNDLT RSHE team to talk about changes and updates on wellbeing. Pupil voice – children talked about mental health and were able to explain what we do.
To develop the environment to promote positive thinking and promoting good mental health strategies.				Mental Well Being washing line. Network meeting discussed implementing mental health ambassadors. Will put this in place Autumn 2022.
To provide staff with strategies to help them with the pressures of work and mental health.				First Aid Mental Health arranged for staff. Completed and included all staff eg teachers, teaching assistants, cleaning staff and office staff.
To embed social groups for vulnerable pupils alongside children who set good role models and communication skills.				Year 6 social group set up and Thrive groups include vulnerable children.
<b>Funding &amp; Resources</b>	<b>Cost (Time &amp; Money)</b>			<b>Links to Academy Council</b>
Training for staff –Mental Health, RSE, Trailblazer	£200			C Patton-Wood  Discussed PSHE / RSHE with Christine and links to curriculum, worship, Christian ethos of whole school. Discussed some areas with school SIP.
Books for mental health	£150			
Staff Well Being resources	£100			
Thrive resources	£150			
<b>Evaluation</b>				