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| **Physical Education Medium Term Plan- Spring 2**This term students will learn and understand the rules of Football/Attack, Defend, Shoot, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. |
| **Year Group:** 1 **Topic- Football/Attack, Defend, Shoot**  |
| **National Curricular Focus**  |
| * Develop fundamental movement skills in a variety of games
* Engage in competitive situations with some attacking and defending skills
* To begin to engage in competitive activities
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| **Lesson Objectives for weeks1-6** |
| * I can move with a football at my feet
* I can attempt to dribble a football using both feet
* I can experiment with different ways of moving with and without a football
* I can roll/kick a football with accuracy
* I can pass a ball to a partner
* I understand basic rules of Football (2 teams/score and defend/positions)
* I know when to pass a football so a defender cant touch my ball
* I can shoot a football at a goal to attempt to score
* I can take part in a football game with my class mates
* I have a basic understanding of when its best to pass or shoot
* I can kick a football over a range of distances
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| **Assessment covered in term** |
| **Assessment statements from Progress in PE****4. Games – Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)**1. I can move with a football using the inside of my feet (both feet)
2. I can kick a football a short distance using the inside of my foot
3. I can roll and trap a small ball with a partner using hands and feet
4. I can retrieve a small ball and bring it to a given position quickly, avoiding others
5. I can kick a ball through a targeted area
6. I can intercept a ball in a team sport
7. I can follow the rules and play small, competitive games using balls
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| **Vocabulary** |
|  Attack Defend Kick Send  | Football Pitch Rules Positions bibs  |