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| **Physical Education Medium Term Plan- Spring 2**  This term students will learn and understand the rules of Football/Attack, Defend, Shoot, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. | |
| **Year Group:** 1 **Topic- Football/Attack, Defend, Shoot** | |
| **National Curricular Focus** | |
| * Develop fundamental movement skills in a variety of games * Engage in competitive situations with some attacking and defending skills * To begin to engage in competitive activities | |
| **Lesson Objectives for weeks1-6** | |
| * I can move with a football at my feet * I can attempt to dribble a football using both feet * I can experiment with different ways of moving with and without a football * I can roll/kick a football with accuracy * I can pass a ball to a partner * I understand basic rules of Football (2 teams/score and defend/positions) * I know when to pass a football so a defender cant touch my ball * I can shoot a football at a goal to attempt to score * I can take part in a football game with my class mates * I have a basic understanding of when its best to pass or shoot * I can kick a football over a range of distances | |
| **Assessment covered in term** | |
| **Assessment statements from Progress in PE**  **4. Games – Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)**   1. I can move with a football using the inside of my feet (both feet) 2. I can kick a football a short distance using the inside of my foot 3. I can roll and trap a small ball with a partner using hands and feet 4. I can retrieve a small ball and bring it to a given position quickly, avoiding others 5. I can kick a ball through a targeted area 6. I can intercept a ball in a team sport 7. I can follow the rules and play small, competitive games using balls | |
| **Vocabulary** | |
| Attack  Defend  Kick  Send | Football  Pitch  Rules  Positions bibs |