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| **Physical Education Medium Term Plan- Spring 2**This term students will learn and understand the rules of Football, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. |
| **Year Group:** 4 **Topic- Football**  |
| **National Curricular Focus**  |
| * Play in competitive games developing stamina and endurance
* Practice and use running, sprinting and dynamic balance in games
* Work collaboratively to use basic tactics for defending and attacking.
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| **Lesson Objectives for weeks1-6** |
| * I can pass a ball over a range of distances
* Able to dribble a football using close control in a range of directions
* I can find space with and without the ball
* I can attempt to tackle
* I understand the basic rules of football
* I can work in a team to attack and defend
* I can stay with a player when they are trying to get away
* Able to use marking and tackling skills to make it difficult for attackers
* I know when to pass and when to run with the ball
* I can shoot and pass a ball and when the correct time/situation to do each skill
* To be able to attempt to head a football
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| **Assessment covered in term** |
| **Assessment statements from Progress in PE****4. Games – Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)**9- I can tackle from the front and side in football, winning the ball10- I can head the ball using the correct part of my head (forehead)**6. Achieving my Personal Best and Healthy, Active Lifestyles**3- I can explain how my body changes during PE4- I can explain the benefits of being healthy and active |
| **Vocabulary** |
| Control Use spaceDefendAttackDribblePassTacticsTackleCompete  | TeamworkScoreShoot InterceptFootInside/outside of the footTouch Possession  |