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| **Physical Education Medium Term Plan- Spring 2**  This term students will learn and understand the rules of Football, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. | |
| **Year Group:** 4 **Topic- Football** | |
| **National Curricular Focus** | |
| * Play in competitive games developing stamina and endurance * Practice and use running, sprinting and dynamic balance in games * Work collaboratively to use basic tactics for defending and attacking. | |
| **Lesson Objectives for weeks1-6** | |
| * I can pass a ball over a range of distances * Able to dribble a football using close control in a range of directions * I can find space with and without the ball * I can attempt to tackle * I understand the basic rules of football * I can work in a team to attack and defend * I can stay with a player when they are trying to get away * Able to use marking and tackling skills to make it difficult for attackers * I know when to pass and when to run with the ball * I can shoot and pass a ball and when the correct time/situation to do each skill * To be able to attempt to head a football | |
| **Assessment covered in term** | |
| **Assessment statements from Progress in PE**  **4. Games – Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)**  9- I can tackle from the front and side in football, winning the ball  10- I can head the ball using the correct part of my head (forehead)  **6. Achieving my Personal Best and Healthy, Active Lifestyles**  3- I can explain how my body changes during PE  4- I can explain the benefits of being healthy and active | |
| **Vocabulary** | |
| Control  Use space  Defend  Attack  Dribble  Pass  Tactics  Tackle  Compete | Teamwork  Score  Shoot  Intercept  Foot  Inside/outside of the foot  Touch  Possession |