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| **Physical Education Medium Term Plan- Spring 2**  This term students will learn and understand the rules of Football, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. | |
| **Year Group:** 5 **Topic-** Football | |
| **National Curricular Focus** | |
| * To play in a competitive game developing strength and technique * Able to recognise where improvements could be made in their own work * Select and combine more complex skills in game situations | |
| **Lesson Objectives for weeks1-6** | |
| * To be able to turn with a ball at feet unchallenged * I can receive the ball and turn into space * Receive the ball and turn to shoot * Recognise space and opportunities for running with the ball * Travel quickly and effectively with the ball * Select appropriate conclusion to run e.g. shoot, pass, dribble * I can work as part of a team to defend and attack * I understand the rules and positions of football * I can change directions when dribbling a ball * I can pass a ball into space of a team mate to move on too * I know who to shoot in a football drill and/or game | |
| **Assessment covered in term** | |
| **Assessment statements from Progress in PE**  **4. Games – Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)**  3- I can mark an opponent during game play  8- I can show how to restart a game after a goal or a stoppage in play  9- I can demonstrate an awareness of timing during game play (e.g. moving at the correct time to win the game or point)  10- I can avoid the goalkeeper to score a penalty kick  **6. Achieving my Personal Best and Healthy, Active Lifestyles**  2- I can carry out my own warm up | |
| **Vocabulary** | |
| Control  Use space  Speed  Mark  Defend  Attack  Dribble  Pass  Tactics  Compete  Collaborate | Teamwork  Score  Interchange  Shoot  Positions  Power  Distance  Perform  Consistent  Fair play  Possession |