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| **Physical Education Medium Term Plan- Spring 2**This term students will learn and understand the rules of Football, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. |
| **Year Group:** 5 **Topic-** Football |
| **National Curricular Focus**  |
| * To play in a competitive game developing strength and technique
* Able to recognise where improvements could be made in their own work
* Select and combine more complex skills in game situations
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| **Lesson Objectives for weeks1-6** |
| * To be able to turn with a ball at feet unchallenged
* I can receive the ball and turn into space
* Receive the ball and turn to shoot
* Recognise space and opportunities for running with the ball
* Travel quickly and effectively with the ball
* Select appropriate conclusion to run e.g. shoot, pass, dribble
* I can work as part of a team to defend and attack
* I understand the rules and positions of football
* I can change directions when dribbling a ball
* I can pass a ball into space of a team mate to move on too
* I know who to shoot in a football drill and/or game
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| **Assessment covered in term** |
| **Assessment statements from Progress in PE****4. Games – Attacking and Defending, Striking and Fielding (Tennis, Football, Cricket, Rounders)**3- I can mark an opponent during game play8- I can show how to restart a game after a goal or a stoppage in play9- I can demonstrate an awareness of timing during game play (e.g. moving at the correct time to win the game or point)10- I can avoid the goalkeeper to score a penalty kick**6. Achieving my Personal Best and Healthy, Active Lifestyles**2- I can carry out my own warm up |
| **Vocabulary** |
| Control Use spaceSpeedMarkDefendAttackDribblePassTacticsCompeteCollaborate  | TeamworkScoreInterchangeShootPositionsPowerDistancePerformConsistentFair playPossession  |