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| **Physical Education Medium Term Plan- Spring 2**  This term students will learn and understand the rules of Netball, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. | |
| **Year Group:** 5 **Topic- Netball** | |
| **National Curricular Focus** | |
| * Play in competitive games developing strength and technique * Able to recognise where improvements could be made in their work * Select and combine more complex skills in game situations | |
| **Lesson Objectives for weeks1-6** | |
| * Introduce pupils to netball and the rules * I can apply basic shooting techniques * To be able to demonstrate and implement some basic netball rules * I can pass a ball in a range of ways (bounce, chest, shoulder and overhead) * I can pivot using the correct technique * To be able to increase power and strength of my passes, passing the ball over a larger distance * To gain the knowledge and understanding of when and why to attack space * I can find space to receive a pass * I can shoot one handed * I can play in a game situation * To be able to attack and defend in a game situation * I can keep possession of the ball | |
| **Assessment covered in term** | |
| **Assessment statements from Progress in PE**  **2. Throwing and Catching (Team Games, Netball, Rugby, Basketball)**   1. I can use a one handed shooting technique (feet facing post, bend knees and elbow, flick with wrist, support ball with non-shooting hand, up onto toes and stretch follow through) and score in a netball or basketball net most of the time   6. I can throw a ball with skill to prevent interception 7- I can vary my pass according to the receiver (to suit position, height and skill level) 8- I can make an interception in a game situation  **6. Achieving my Personal Best and Healthy, Active Lifestyles**   1. I can set and achieve my own target in PE, taking measurements or times | |
| **Vocabulary** | |
| Control  Use space  Defend  Attack  Chest pass  Shoulder pass  Overhead pass  Bounce pass  Shooting  Net | Collaborate  Teamwork  Score  Shoot  Footwork  Foul  Free pass  Pivot   Post  Tactics |