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| **Physical Education Medium Term Plan- Spring 2**  This term students will learn and understand the rules of Netball, practice the requisite skills, and demonstrate their abilities to perform various physical movements in a competitive game. | |
| **Year Group: 6 Topic- Netball** | |
| **National Curricular Focus** | |
| * Play in competitive games developing fluency in skills and techniques * Work in collaboration to play in different formations * Compare team performance again other teams | |
| **Lesson Objectives for weeks1-6** | |
| * I can defend and attack in a game * I can attempt not to break the double bounce rule * I can use throwing and catching skills to score as part of a team in a game * I can maintain the correct distance when marking the ball * I can use marking as a defencing tactic in a game situation * I can use a range of passing techniques * I know how to shoot in netball * I can describe what a rebound is as an attacker and a defender * I can attempt to knock a ball away from my opponent if I cannot catch * I can recognise when to catch and when not to catch * I can work in a team | |
| **Assessment covered in term** | |
| **Assessment statements from Progress in PE**  **Year 6- Throwing and Catching (Team Games, Netball, Rugby, Basketball)**   1. I can demonstrate a full range of passing techniques (chest, shoulder, bounce, overhead with large ball, underarm and overarm with small ball)   5. I can receive a ball, pivot and offload (pass on) with fluency  6. I can run towards a ball, catch it and turn in the air to face the other way  7. I can offload the ball at the right time to avoid losing possession 10. I can throw and catch a ball quickly and accurately every time, even under pressure  **Year 6- Achieving my Personal Best and Healthy, Active Lifestyles**   1. I can set myself a target in PE (throw further, run faster, jump higher) | |
| **Vocabulary** | |
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