



Holy Trinity C of E Primary School

Physical Education Curriculum Map 23-24

EYFS and Key Stage 1



YEAR GROUP	HOUR	AUTUMN 1 SEP-OCT	AUTUMN 2 NOV-DEC	SPRING 1 JAN-FEB	SPRING 2 MAR-APR	SUMMER 1 APR-MAY	SUMMER 2 JUN-JUL
EYFS Cycle A 2022/2023	Coach Session	Travelling (over and under) (Locomotor Skills)	Body Management (FMS)	Cooperate & Solve Problems	Manipulation & Coordination	Cricket	Sports Day Games <i>Part A</i>
	Teacher Session	Zumba	Zumba	Zumba	Zumba	Zumba	Zumba
	Focus (progressive skills)	Active movements	Coordination	Travelling & Balance	Combination of steps	Basic routines	Performance
EYFS Cycle B 2023/2024	Coach Session	Balloon Games	Speed Agility Travel (Stability Skills)	Dance	Gymnastics	Balance Bikes	Sports Day Games <i>Part B</i>
	Teacher Session	Zumba	Zumba	Zumba	Zumba	Zumba	Zumba
	Focus (progressive skills)	Active movements	Coordination	Travelling & Balance	Combination of steps	Basic routines	Performance
YEAR 1/2 Cycle A 2022/2023	Coach Session	Balloon Games <i>Part A</i>	Sports Hall Athletics <i>Part A</i>	Tennis <i>Part A</i>	Football <i>Part A</i>	Gymnastics <i>Part A</i>	Sports Day Games <i>Part A</i>
	Teacher Session	Multi Skills <i>Part A</i>	Dance <i>Part A</i>	Run, jump throw <i>Part A</i>	Quad Kids Athletics <i>Part A</i>	Cricket <i>Part A</i>	Hit, catch, run <i>Part A</i>
YEAR 1/2 Cycle B 2023/2024	Coach Session	Balloon Games <i>Part B</i>	Sports Hall Athletics <i>Part B</i>	Tennis <i>Part B</i>	Football <i>Part B</i>	Gymnastics <i>Part A</i>	Sports Day Games <i>Part B</i>
	Teacher Session	Multi Skills <i>Part B</i>	Run, jump, throw <i>Part B</i>	Dance <i>Part B</i>	Quad Kids Athletics <i>Part B</i>	Cricket <i>Part B</i>	Hit, catch, run <i>Part B</i>



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Key Stage 2



YEAR GROUP	HOUR	AUTUMN 1 SEP-OCT	AUTUMN 2 NOV-DEC	SPRING 1 JAN-FEB	SPRING 2 MAR-APR	SUMMER 1 APR-MAY	SUMMER 2 JUN-JUL
YEAR 3/4 Cycle A 2022/2023	Coach Session	Tag Rugby <i>Part A</i>	Sports Hall Athletics <i>Part A</i>	Gymnastics <i>Part A</i>	Football <i>Part A</i>	Cricket <i>Part A</i>	Rounder's Part A
	Teacher Session	Cross Country <i>Part A</i>	Multi Skills <i>Part A</i>	Dance <i>Part A</i>	Tennis <i>Part A</i>	Quad Kids Athletics <i>Part A</i>	Sports Day Games
YEAR 3/4 Cycle B 2023/2024	Coach Session	Tag Rugby <i>Part B</i>	Sports Hall Athletics <i>Part B</i>	Dodgeball	Dance <i>Part B</i>	Football <i>Part B</i>	Cricket <i>Part B</i>
	Teacher Session	Cross Country <i>Part B</i>	Multi Skills <i>Part B</i>	Tennis <i>Part B</i>	Gymnastics <i>(Y4 - 2 weeks swimming)</i>	Quad Kids Athletics <i>Part B</i>	Rounder's Part B
YEAR 5/6 Cycle A 2022/2023	Coach Session	Tag Rugby <i>Part A</i>	Sports Hall Athletics <i>Part A</i>	Football <i>Part A</i>	Tri Golf <i>Part A</i>	Cricket <i>Part A</i>	Rounder's <i>Part A</i>
	Teacher Session	Cross Country <i>Part A</i>	Dodgeball	Basketball <i>Part A</i>	Netball <i>Part A</i>	Dance	Athletics <i>Part A</i>
YEAR 5/6 Cycle B 2023/2024	Coach Session	Tag Rugby <i>Part B</i>	Basketball <i>Part A</i>	Gymnastics	Football <i>Part B</i>	Cricket <i>Part B</i>	Tri Golf <i>Part B</i>
	Teacher Session	Cross Country <i>Part B</i>	Sports Hall Athletics <i>Part B</i> <i>(Y5 - 2 week swimming)</i>	Tennis	Netball <i>Part B</i>	Athletics <i>Part B</i>	Rounder's <i>Part B</i> <i>(Y5 - 2 week swimming)</i>

Sports After School Clubs

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Mr Murray	Y1/2 Multi Sports (25 max)	Rec-Y1 Active Play (15 max)	Y3/4 Dodgeball (25 max)	Y1/2 Outdoor Adventurous Activities (15 max)	Y3/4 Outdoor Adventurous Activities (15 max)	Y1/2 Cricket (25 max)
Mr Rodgers	Y5/6 Tag Rugby (25 max)	Y5/6 Football (25 max)	Y5/6 Dodgeball (25 max)	Y3/4 Football (25 max)	Y5/6 Cycling Club (15 max)	Y5/6 Cricket (25 max)

Lunch Time Sports Clubs Intra Sports

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Mr Murray	Y3-6 Football/Play Leaders	Y3-6 Personal Best	Y3-6 Classroom challenges	Y3-6 Dodgeball	Y3-6 Cricket	Y3-6 Rounder's

Swimming 2023-2024

Autumn 2 Dates: Monday 23 rd October 2023 – Friday 10 th November 2023 (excludes half-term) Y5	Spring 2 Dates: Monday 26 th February 2024 – Friday 8 th March 2024 Y4	Summer 2 Dates: Tuesday 7 th May 2024 – Friday 17 th May 2024 Y5 <i>*Top-up swim for Year 6 who haven't achieved their 25 metres and water safety.</i>
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